



Believe, Achieve and Succeed!

Mission Statement

It is the objective of the Fort Frances Lakers Hockey Family to provide each athlete with an elite hockey development experience with a strong emphasis on positive citizenship and education. We want to see positive life experiences and help create opportunities for the young athletes to meet their goals.

Vision

To create an environment that inspires trust and confidence among our board, coaches, athletes, fans and sponsors in order to bring a top brand of hockey to our area.



The Fort Frances Lakers Hockey Organization; is a grass-roots nonprofit community owned and operated team! Fort Frances, International Fall, MN and the District are historically established in hockey history and we are constantly looking for opportunities to build on that history going forward. Our volunteer pool is passionate about supporting a Junior A hockey team. Their collective drive and desire to sustain a competitive Junior A Hockey Program is unsurpassed and impressive.

Fort Frances Lakers

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Fort Frances Lakers



JUNIOR A HOCKEY

**Superior
International
Junior Hockey
League**



The Fort Frances Lakers are a member of the Superior International Junior Hockey League and have a long traditional of commitment to excellence and developing players for the next level. Our coaching staff and program have graduates in the AHL, ECHL, SPHL, Europe, CHL, CIS, NCAA DI and DIII, ACAC and BCJHL. Our staff is committed to ensure you are supported and encouraged while you aspire to develop your skills in the Lakers program. Inherent in the development of a hockey player is the understanding that each individual also grows as a person!

The Lakers compete to play in the Dudley Hewitt Cup by winning the SIJHL Bill Salonen Cup and a possible birth in the Canadian Junior A National Championship. The Lakers program

won 3 back-to-back SIJHL Championships in 2014, 2015 and 2016. The Lakers were also Dudley Hewitt Cup Finalists in 2015. As a Laker you will be expected to continue this winning tradition as expectations are always high each season.

The Fort Frances Lakers players are expected to be positive role models and have a high character standing within our community. The players' will often be asked to attend functions and represent the team at schools and fundraising events. As a player of the Lakers family you are expected to exemplify responsible demeanor at all times on and off the ice. The team is only as good as the collective and committed efforts of each individual on the TEAM!

Q and A

Does the team have fees to play?

Yes we have a team administration fee that is very reasonable. The fee covers our league dues and is used for things like; the SIJHL Showcase, SIJHL All-Star Game, Dudley Hewitt Cup, marketing of players etc. Our billeted players also pay a monthly fee to their billet families.

Do many players advance from the program to schools or the CHL?

We have had a high success rate of helping players reach their goals of becoming student-athletes or playing in the CHL. In the last three years we have helped twenty-one players get into school and one go on to play in the CHL. Coach Strachan has helped place over seventy players in higher levels to continue as student-athletes and their playing careers.

Do you have off-ice training?

Yes we are currently working with a new Training group to give our players the best opportunity to further their development by experts in this field.